



ST. ALOYSIUS' COLLEGE

AUTONOMOUS
JABALPUR- 482001
MADHYA PRADESH, INDIA

CRITERION-7

INSTITUTIONAL VALUES AND BEST PRACTICES

Key Indicator – 7.1

Institutional Values and Social Responsibilities

Metric No.: 7.1.5

Environment Consciousness and Sustainability

Document Name

Campus Digital Herbarium

3 GOOD HEALTH AND WELL-BEING



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



6. Environmental Consciousness





ST. ALOYSIUS' COLLEGE

(AUTONOMOUS), JABALPUR(M.P.)

Reaccredited 'A+' Grade by NAAC (CGPA 3.68/4.00)

College with Potential for Excellence (CPE) by UGC

DST-FIST Supported & Star College Scheme by DBT.

Environmental Consciousness and Sustainability

7.1.5 Green Campus Initiatives

Campus Digital Herbarium

ST. ALOYSIUS' COLLEGE, JABALPUR



(Autonomous)

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DIGITAL HERBARIUM
FLORA OF THE COLLEGE
CAMPUS

UNDER THE GUIDANCE OF

*Dr. Zareen Baksh
(Assistant Professor)
Department of Botany &
Microbiology*

PREPARED BY
*B.Sc III Yr. Botany students
(2023-24 batch)*

VIEW OUR BLOG @ [sacbotany.wordpress](https://sacbotany.wordpress.com)



SCAN ME

PREFACE

DIGITAL HERBARIUM or E-HERBARIUM

- A digital herbarium is a virtual collection of preserved plant specimens, typically in the form of high-resolution images or digital records, accompanied by detailed information about each specimen.
- Digital herbaria serve as online repositories for botanical research, education, and conservation purposes.
- They offer several advantages over traditional herbaria, including
 - increased accessibility,
 - ease of sharing and collaboration,
 - ability to search, browse, and analyse specimens remotely.

HERBARIUM LISTING DATA AND COUNT

S.N	BOTANICAL NAME	LOCAL NAME	FAMILY	HB	SB	T	CB	AS	GS	PP	BP	RET	USES	TOTAL
1	<i>Achyranthes aspera</i>	Apamarg	Amaranthaceae	1	0	0	0	1	0	0	0	LC	MU	7
2	<i>Aloe barbadensis</i>	Aloevera	Liliaceae	1	0	0	0	1	0	0	0	LC	MU	20
3	<i>Anona squamosa</i>	Sheetaphal	Annonaceae	0	1	0	1	0	0	0	0	LC	MU	2
4	<i>Antigonon leptopus</i>	Anantlata	Polygonaceae	0	0	0	1	1	0	0	0	LC	MU	2
5	<i>Araucaria columnris</i>	Christmas tree	Araucariaceae	0	0	1	0	0	1	0	0	LC	OU	7
6	<i>Asparagus racemosus</i>	Shatavar	Aspergaceae	0	1	0	0	1	0	0	0	E	MU	3
7	<i>Azadirachta indica</i>	Neem	Meliaceae	0	0	1	0	1	0	0	0	LC	MU	18
8	<i>Bauhinia variegata</i>	Kachnar	Fabaceae	0	0	1	0	1	0	0	0	LC	MU	6
9	<i>Bougainvillea glabra</i>	Bougainvillea	Nyctaginaceae	0	1	0	0	1	0	0	0	LC	OU	5
10	<i>Calanchoe pinnata</i>	Pattharchata	Crassulaceae	1	0	0	0	1	0	0	0	LC	MU	17
11	<i>Calotropis gigantea</i>	Madar	Apocynaceae	0	1	0	0	1	0	0	0	LC	MU	6
12	<i>Cascabella thevetia</i>	Kaner	Apocynaceae	0	0	1	0	1	0	0	0	LC	MU	4
13	<i>Cassia fistula</i>	Amaltas	Fabaceae	0	0	1	0	1	0	0	0	LC	MU	3
14	<i>Catharanthus roseus</i>	Sadabahar	Apophynaceae	0	1	0	0	1	0	0	0	LC	MU	7
15	<i>Clerodandrum splendens</i>	Flaming glory bower	Lamiaceae	0	0	1	0	1	0	0	0	LC	MU	3
16	<i>Coccinia grandis</i>	Kundru	Cucurbitaceae	0	0	0	1	1	0	0	0	LC	MU	1
17	<i>Cyperus alternifolius</i>	Umbrella palm	Cyperaceae	0	0	1	0	1	0	0	0	LC	OU	2
18	<i>Dahlia pinnata</i>	Dahlia	Asteraceae	0	1	0	0	1	0	0	0	LC	OU	15
19	<i>Dalbergia sissoo</i>	Shesham	Fabaceae	0	0	1	0	1	0	0	0	LC	MU	1
20	<i>Dracaena trifasciata</i>	Snake plant	Asparageceae	1	0	0	0	1	0	0	0	LC	MU	20
21	<i>Epitremnum aureum</i>	Money plant	Araceae	0	0	0	1	1	0	0	0	LC	OU	5
22	<i>Euphorbia lactea</i>	White ghost cactus	Euphorbiaceae	0	1	0	0	1	0	0	0	LC	OU	3
23	<i>Ficus religiosa</i>	Pepal	Moraceae	0	0	1	0	1	0	0	0	LC	MU	4
24	<i>Gazania rigens</i>	Treasure flower	Asteraceae	1	0	0	0	1	0	0	0	LC	OU	9
24	<i>Hibiscus rosa-sinensis</i>	Gudhal	Malvaceae	0	1	0	0	1	0	0	0	LC	MU	4
25	<i>Hyophorbe amaricaulis</i>	bottle palm	Arecaceae	0	0	1	0	0	1	0	0	LC	OU	80
26	<i>Justicia adhatoda</i>	Vasak	Acanthaceae	0	1	0	0	1	0	0	0	LC	MU	2
27	<i>Magnifera indica</i>	Mango	Anacardiaceae	0	0	1	0	1	0	0	0	LC	MU	2
28	<i>Minosa Pudica</i>	Touch me not plant	Fabaceae	0	1	0	0	1	0	0	0	LC	OU	4
29	<i>Monstera beliciosa</i>	Split leaf palm	Aeraceae	0	0	1	0	1	0	0	0	LC	OU	4
30	<i>Murraya Koenigii</i>	Curry leaves	Rutaceae	1	0	0	0	1	0	0	0	LC	MU	3
31	<i>Nelumbo nucifera</i>	Lotus	Nelumbonaceae	1	0	0	0	1	0	0	0	R	Both	4
32	<i>Nephrolepis exaltata</i>	Sword fern	Lomariopsidaceae	0	0	0	0	0	0	1	0	E	OU	3
33	<i>Nyctanthus arbor</i>	Harshringar	Oleaceae	0	1	0	0	1	0	0	0	E	MU	3
34	<i>Opuntia ficus-indica</i>	Prickly pear	Cactaceae	1	0	0	0	1	0	0	0	E	MU	8
35	<i>Oscimum sanctum</i>	Tulsi	Lamiaceae	1	0	0	0	1	0	0	0	LC	MU	15
36	<i>Petunia axicellaris</i>	Petunia	Solenaceae	1	0	0	0	1	0	0	0	LC	OU	40
37	<i>Phyllanthus emblica</i>	Amla	Phyllanthaceae	0	0	1	0	1	0	0	0	LC	MU	3
38	<i>Prosopis cineraria</i>	Shami	Fabaceae	0	1	0	0	1	0	0	0	E	MU	5
39	<i>Rosa indica</i>	Gulab	Rosaceae	0	1	0	0	1	0	0	0	LC	MU	65
40	<i>Salvia Coccinea</i>	Red salvia	Lamiaceae	1	0	0	0	1	0	0	0	LC	OU	80
41	<i>Saraca asoca</i>	Ashoka	Fabaceae	0	0	1	0	1	0	0	0	LC	MU	57
42	<i>Syngonium podophyllum</i>	Arrow head plant	Araceae	1	0	0	0	1	0	0	0	LC	OU	46
43	<i>Tabernaemontana divaricata</i>	Crape jasmine	Apocynaceae	0	1	0	0	1	0	0	0	LC	MU	6
44	<i>Tecoma stans</i>	Piliya, Chandrabha	Bignoniaceae	0	0	1	0	1	0	0	0	LC	MU	2
45	<i>Terminalia catappa</i>	Badam	Combretaceae	0	0	1	0	1	0	0	0	NT	MU	2
46	<i>Thuja Occidentalis</i>	Vidya plant	Cupressaceae	0	1	0	0	1	0	0	0	LC	MU	1
47	<i>Vitex negundo</i>	Nirgundi	Verbenaceae	0	0	1	0	1	0	0	0	E	MU	5
48	<i>Withania somnifera</i>	Ashwagandha	Solenaceae	0	1	0	0	1	0	0	0	R	MU	1

Data survey & compilation by- Surabhi Saha & Charchita Shoyam

TOTAL PLANTS- 615

KEY

HB- herb

SB- shrub

T – Tree

CB - climber

AS – Angiosperm

GS – Gymnosperm

PP – Pteridophyte

BP - Bryophyte

MU- Medicinal use

OU- Ornamental use

1- applicable

0- not applicable

R- Rare

E- endangered

NT- Near threatened

LC- Least concern



Clade : Rosids

Order : Caryophyllales

Family : Amaranthaceae

Botanical Name : *Achyranthes aspera* L. var. *aspera*

Local Name : Apamarg

Use : Treatment of boils, asthma, bleeding,
leukoderma

Collected by : Ayush Tigga and Aditi Samadhiya

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Monocots

Order : Liliales

Family : Liliaceae

Botanical Name : *Aloe vera* Burm.

Local Name : Aloe vera

Use : Wound healing, Skin soothing, Anti-inflammatory

Collected by : Nikita Nonwar

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Magnolids

Order : Magnoliales

Family : Annonaceae

Botanical Name : *Anona squamosa* L.

Local Name : Custard apple, Sitaphal

Use : Improves vision, regulates blood pressure,
relieves stress

Collected by : Aarya Saxena

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Rosids

Order : Caryophyllales

Family : Polygonaceae

Botanical Name : *Antigonon leptopus* Hook. & Arn.

Local Name : Anantlata, Coral Vine

Use : Preparation of tea to cure cold and flu

Collected by : Prabhav Tripathi

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade: Gymnosperm

Order: Pinales

Family: Araucariaceae

Botanical name: *Araucaria columnaris*

Local name: Christmas tree

Use: Ornamental plant

Collected by: Charchita Shoyam

Location: St. Aloysius' College campus,
Penti naka, Sadar, Jabalpur



Clade : Monocots

Order : Asparagales

Family : Asparagaceae

Botanical Name : *Asparagus racemosus* Willd. var. *racemosus*

Local Name : Shatavari

Use : Antioxidant, anti-inflammatory, antibacterial and supports immune system

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti Naka, Sadar, Jabalpur



Clade : Rosids

Order : Sapindales

Family : Meliaceae

Botanical Name : *Azadirachta indica* A. Juss.

Local Name : Neem

Use : antiseptic, antifungal, antibacterial

Collected by : Surabhi Saha

Location : St. Aloysius' College, Penti Naka, Sadar
(Campus)



Clade: Angiosperms

Order: Fabales

Family: Fabaceae

Botanical name: *Bauhinia variegata*

Local name: Kachnar

Use: Treating inflammation, infections and digestive issues

Collected by: Surabhi Saha

Location: St. Aloysius' College campus, Pentinaka, Sadar, Jabalpur



Clade : Rosids

Order : Caryophyllales

Family : Nyctaginaceae

Botanical Name : *Bougainvillea glabra* Choisy

Local Name : Bougainvillea, Paper flower

Use : Ornamental plant

Collected by : Charchita Shoyam

Location : St. Aloysius' College (Campus), Penti Naka,
Sadar, Jabalpur



Clade: Angiosperms

Order: Gentianales

Family: Apocynaceae

Botanical name: *Calotropis gigantea*

Local name: Madar, Acaua

Use: Religious purpose, treats rheumatism, asthma, skin infections

Collected by: Prabhav Tripathi

Location: St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Gentianales

Family : Apocynaceae

Botanical Name : *Cascabella thevetia* (L.) Lippold

Local Name : Kaner

Use : Wound healing, treatment of malaria, ulcers, haemorrhoids

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti Naka, Sadar, Jabalpur



Clade: Tracheophytes

Order: Fabales

Family: Fabaceae

Botanical name: *Cassia fistula*

Local name: Amaltas

Use: treatment of eczema, ringworm infection and skin eruptions

Collected by: Ayush Tigga

Location: St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Gentianales

Family : Apocynaceae

Botanical Name : *Catharanthus roseus* (L.) G. Don.

Local Name : Sadabahar

Use : wound healing

Collected by : Charchita Shoyam

Location : St. Aloysius' College, Penti Naka, Sadar
(Campus)



Clade : Asterids

Order : Lamiales

Family : Lamiaceae

Botanical Name : *Clerodendrum splendens*

Local Name : Flaming Glorybower

Use : Treatment of infections and wound healing

Collected by : Charchita Shoyam

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Rosids

Order : Cucurbitales

Family : Cucurbitaceae

Botanical Name : *Coccinia grandis* (L.) Voigt

Local Name : Kundru, Ivy Gourd

Use : Consumed as a vegetable

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Monocots

Order : Poales

Family : Cyperaceae

Botanical Name : *Cyperus alternifolius*

Local Name : Umbrella Palm

Use : Removes pollutants from soil

Collected by : Surabhi Saha

Location : St. Aloysius' College (Campus), Penti Naka,
Sadar, Jabalpur



Clade : Asterids

Order : Asterales

Family : Asteraceae

Botanical Name : *Dahlia pinnata Cav.*

Local Name : Dahlia

Use : Ornamental plant, Dye preparation

Collected by : Ayush Tigga

Location : St. Aloysius' College campus, Penti naka,
sadar, Jabalpur



Clade : Rosids

Order : Fabales

Family : Fabaceae

Botanical Name : *Dalbergia sissoo* Roxb.

Local Name : Indian rosewood, Shisham

Use : Furniture making, oils and tannins in bark have medicinal uses

Collected by : Surabhi Saha

Location : St. Aloysius' College (Campus), Penti Naka, Sadar, Jabalpur



Clade : Monocots

Order : Alismatales

Family : Araceae

Botanical Name : *Epipremnum aureum* (Linden ex Andre) Bunting

Local Name : Money plant

Use : Air purifier, Produces oxygen even at night

Collected by : Charchita Shoyam

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Rosids

Order : Malpighiales

Family : Euphorbiaceae

Botanical Name : *Euphorbia clarkeana* Hook.f.

Local Name : White Ghost cactus

Use : Ornamental plant

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Rosids

Order : Rosales

Family : Moraceae

Botanical Name : *Ficus religiosa L.*

Local Name : Peepal

Use : Cures skin diseases, mouth ulcers, vomiting

Collected by : Nikita Nonwar

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade: Angiosperms

Order: Asterales

Family: Asteraceae

Botanical name: *Gazania rigens*

Local name: Treasure flower, Gazania

Use: ornamental plant, erosion control,
pollination attractors

Collected by: Charchita Shoyam

Location: St. Aloysius' College campus,
Penti naka, Sadar, Jabalpur



Clade : Rosids

Order : Malvales

Family : Malvaceae

Botanical Name : *Hibiscus rosa-sinensis* L.

Local Name : Gudhal, China rose

Use : Hair conditioner, hibiscus tea is anti-inflammatory

Collected by : Harshit Vishwakarma

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Monocots

Order : Arecales

Family : Arecaceae

Botanical Name : *Hyophorbe amaricaulis* Mart.

Local Name : Bottle Palm

Use : Treatment of cough and bronchitis, ornamental use

Collected by : Charchita Shoyam

Location : St. Aloysius' College (Campus), Penti Naka, Sadar, Jabalpur



Clade : Asterids

Order : Lamiales

Family : Acanthaceae

Botanical Name : *Justicia adhatoda* L.

Local Name : Vasak

Use : Treatment of headache, whooping cough,
asthma

Collected by : Charchita Shoyam and Ayush Tigga

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Superrosids

Order : Saxifragales

Family : Crassulaceae

Botanical Name : *Kalanchoe pinnata* (Lamk.) Pers.

Local Name : Pattharchata

Use : Removes kidney stones

Collected by : Aarya Saxena

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Rosids

Order : Sapindales

Family : Anacardiaceae

Botanical Name : *Mangifera indica* L.

Local Name : Aam, Mango

Use : Boosts immunity, improves Skin health, prevents dry eyes, manages cholesterol etc.

Collected by : Charchita Shoyam

Location : St. Aloysius' College (Campus), Penti Naka, Sadar, Jabalpur



Clade : Monocots

Order : Alismatales

Family : Araceae

Botanical Name : *Monstera deliciosa* Liemb.

Local Name : Split-leaf philodendron

Use : Ornamental plant, fruit is rich in vitamin C and minerals

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Rosids

Order : Sapindales

Family : Rutaceae

Botanical Name : *Murraya koenigii* (L.) Spreng.

Local Name : Curry leaves, Mithi Neem

Use : prevents hair loss, helps in digestion, improves flavour of food

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Eudicots

Order : Proteales

Family : Nelumbonaceae

Botanical Name : *Nelumbo nucifera Gaertn.*

Local Name : Lotus, Kamal

Use : Prevents diarrhea, weight loss, antioxidant, anti-inflammatory

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti Naka, Sadar, Jabalpur



Clade: Ferns

Order: Polypodiales

Family: Lomariopsidaceae

Botanical name: *Nephrolepis exaltata*

Local name: Sword fern

Use: wound healing, ornamental plant,
erosion control, air purification

Collected by: Surabhi Saha

Location: St. Aloysius' College campus,
Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Lamiales

Family : Oleaceae

Botanical Name : *Nyctanthes arbor-tristis* L.

Local Name : Harshingar

Use : Religious purposes, diuretic, treatment of liver disorders

Collected by : Nikita Bhadoria

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Lamiales

Family : Lamiaceae

Botanical Name : *Ocimum tenuiflorum* L.

Local Name : Tulsi

Use : Cures respiratory disorders, treats cold and flu, shows antibacterial and anti-viral properties

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Rosids

Order : Caryophyllales

Family : Cactaceae

Botanical Name : *Opuntia ficus-indica* Mill.

Local Name : Prickly pear, Nopal cactus

Use : Management of diabetes, reduces cholesterol

Collected by : Aditi Samadhiya

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Asterids

Order : Solanales

Family : Solanaceae

Botanical Name : *Petunia axillaris* Britton

Local Name : Petunia

Use : Ornamental plant, Pollination attractor

Collected by : Surabhi Saha

Location : St. Aloysius' College (Campus), Penti Naka,
Sadar, Jabalpur



Clade : Rosids

Order : Malpighiales

Family : Phyllanthaceae

Botanical Name : *Phyllanthus emblica*

Local Name : Amla

Use : Rich in Vitamin C, improves vitality, good for hair

Collected by : Nikita Bhadoria

Location : St. Aloysius' College campus, Penti Naka,
Sadar, Jabalpur



Clade : Rosids

Order : Fabales

Family : Fabaceae

Botanical Name : *Prosopis cineraria*

Local Name : Shami

Use : cure many diseases such as ailments like leprosy, dysentery, asthma, leucoderma, dyspepsia and earache

Collected by : Arya Saxena

Location : Jabalpur



Clade : Rosids

Order : Rosales

Family : Rosaceae

Botanical Name : *Rosa indica L.*

Local Name : Rose, Gulab

Use : Aromatherapy, Skin healing

Collected by : Surabhi Saha

Location : St. Aloysius' College, Penti Naka, Sadar
(Campus)



Clade : Asterids

Order : Lamiales

Family : Lamiaceae

Botanical Name : *Salvia coccinea* Juss. ex Murr.

Local Name : Red Salvia

Use : treating fever, inflammation and respiratory issues

Collected by : Surabhi Saha

Location : St. Aloysius' College (Campus), Penti Naka, Sadar, Jabalpur



Clade : Monocots

Order : Asparagales

Family : Asparagaceae

Botanical Name : *sansevieria trifasciata*

Local Name : Snake plant

Use : Filters air, removes pollution

Collected by : Charchita Shoyam

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Rosids

Order : Fabales

Family : Fabaceae

Botanical Name : *Saraca asoca*

Local Name : Ashoka

Use : Uterine tonic, improves skin health

Collected by : Charchita Shoyam

Location : St. Aloysius' College (Campus), Penti Naka,
Sadar, Jabalpur



Clade: Angiosperms

Order: Alismatales

Family: Araceae

Botanical name: *Syngonium podophyllum*

Local name: Arrowhead plant

Use: Indoor house plant, air purification

Collected by: Surabhi Saha

Location: St. Aloysius' College campus,
Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Gentianales

Family : Apocynaceae

Botanical Name : *Tabernaemontana divaricata* (L.) R. Br.

Local Name : Chandni, Crape Jasmine

Use : Treats Eye infections, digestive issues and dental caries

Collected by : Prabhav Tripathi

Location : St. Aloysius' College campus, Penti naka, sadar, Jabalput



Clade : Asterids

Order : Lamiales

Family : Bignoniaceae

Botanical Name : *Tecoma stans* (L.) Kunth.

Local Name : Piliya, Chandaprabha

Use : Treatment of diabetes, Syphilis and intestinal worms

Collected by : Charchita Shoyam

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Rosids

Order : Geraniales

Family : Combretaceae

Botanical Name : *Terminalia catappa* L.

Local Name : Badam

Use : hepatitis, dermatosis, oral infections

Collected by : Nikita Nonwar

Location : St. Aloysius' College campus, Penti naka,
Sadar, Jabalpur



Clade : Monocots

Order : Poales

Family : Cupressaceae

Botanical Name : *Thuja occidentalis*

Local Name : Morpankhi, Vidya

Use : improve brain health, treats amenorrhea and rheumatism

Collected by : Surabhi Saha

Location : St. Aloysius' College (Campus), Penti Naka, Sadar, Jabalpur



Clade : Asterids

Order : Lamiales

Family : Verbenaceae

Botanical Name : *Vitex negundo L. var. negundo*

Local Name : Nirgundi

Use : Menstrual irregularities, Infertility, Menopausal symptoms, Inflammation

Collected by : Surabhi Saha

Location : St. Aloysius' College campus, Penti naka, Sadar, Jabalpur



Clade : Asterids

Order : Solanales

Family : Solanaceae

Botanical Name : *Withania somnifera* (L.) Dunal

Local Name : Ashwagandha

Use : effective for treating any health condition or disease, dietary supplement

Collected by : Arya Saxena

Location : Jabalpur